

RULES DUAN BING



“Duan Bing(短兵) (short weapons)
means fighting with short weapons deriving from the ancient
Chinese sword art.

This discipline is included within Wushu as a competition program”

The main objective in DUAN BING (DB) is to demonstrate that one can prevail on a technical level in the art of fighting over the opponent: the practitioner essentially learns to attack the opponent by scoring the points necessary to win according to the following regulation.

Competition systems

The following reference systems are adopted in this tournament: Direct elimination match and/or possibility of tournament if more than 3 athletes in the same weight category (Tournament Junior and Senior Categories ONLY).

Times

CHILDREN C: 1(one) round of 90 seconds with 30 seconds of Extra time in the event of a tie between the athletes at the end of regular time

CHILDREN AB: 1(one) round of 90 seconds with 30 seconds of Extra time in the event of a tie between the athletes at the end of regular time

Cadets (13- 15 y.o.) Juniores (16-17 y.o.) Seniores (35-40 y.o.) and Over (41-60 y.o.): 1(one) round from 90 seconds with 30 seconds of Extra time in the event of a tie between the athletes at the end of regular time

Weight categories

CHILDREN ABC (please indicate weight and height)
Matches will be divided by age, gender (when possible), weight and height

CADETS (13-15 y.o.):

MALE/FEMALE: -44kg, -48Kg, -52Kg, -55kg, 55-60kg, 60-65kg, 65-70kg, 70-75kg, +75kg

From 16 to 60 y.o. (categories):

MALE: -48Kg, -55Kg, 55-60kg, 60-65kg, 65-70kg, 70-75kg, 75-80kg, 80-85kg, 85-90kg, +90kg

FEMALE: -48Kg, -55kg, 55-60kg, 60-65kg, 65-70kg, 70-75kg, +75kg

Matches will be divided by Gender and Categories

The weight check must be carried out on site before the competition with a competitive sport medical certificate for LIGHT CONTACT combat sports. The athlete must present a valid identity document (passport for foreign athletes). Weight operations are carried out by competition judges. Only the athlete's COACH may attend the weigh-in. In case of excess weight above the tolerance line (500g) the athlete must try to lose the excess weight within one hour (1 hour). Otherwise the athlete is either disqualified or, if possible, moved to another category.

Protections e Weapons

- HeadGuard with GRATE (MANDATORY)
 - Cup protector under their trunk
- Chest Protector (ONLY CHILDREN C e B)

PROTECTIONS ARE THE RESPONSIBILITY OF INDIVIDUAL PARTICIPANTS; THE ORGANISERS WILL NOT PROVIDE ANYTHING ON SITE EXCEPT FOR POSSIBLE SALE.

The permitted weapons are 60cm long and must comply with safety standards, being made of material suitable for competition and not having pointed or sharp parts. All athletes use their firearms at their own risk, and are fully responsible for any damage caused to themselves and/or others.

Clothing

Athletes must wear a short-sleeved or sleeveless shirt and long trousers. The t-shirt can only bear the logo and name of the school to which it belongs. Athletes must use their own shell worn under their pants. Athletes must be clean, dry and without unpleasant odors. The athlete's personal hygiene must be excellent. Athletes will be provided with a RED or BLUE colored belt to distinguish them.

Competition area

8x8 meter tatami with 1 meter safety on all sides to also outline the athlete's possible exit.

Competition protocol

• ***Entrance to the competition area and greeting:***

The athletes stand in the center of the competition area, in front of the jury table and salute

• ***Starting, stopping and resuming the match:***

The athletes stand facing each other in a guard position waiting for the referee's whistle

• ***Valid shot:***

The referees wave the flag corresponding to the athlete who scored the point

• ***Invalid shot:***

The referees cross both flags downwards

• ***Contemporary shot:***

The referees wave both flags

- ***Penalty / disqualification***

The central referee indicates with the flag the athlete who committed the infringement

- ***End of the match and announcement of the winner***

The athletes line up in the center of the competition area, in front of the jury table, waiting for the verdict

Competition protocol

Competitors are required to respect the Competition Regulations, the Competition Officials and comply with their decisions. Fights, swearing, throwing away protection, and other gestures made to demonstrate disappointment are absolutely prohibited. The team manager and the coach will remain at their assigned stations. Suggestions and advice to the competitor himself are allowed during the match, shouting is not allowed.

Before the end of a match is announced, competitors cannot leave the platform (unless they have suffered injuries), they cannot remove their protection (with the exception of the helmet). With a signal from the judge on the platform, the competitors will go up to the platform for the announcement of the result. Doping is categorically prohibited. However, the administration of oxygen remains prohibited.

Abandonment

The inability of a competitor to continue a match due to injury or illness. They will no longer be allowed to continue the competition but, in any case, the results and rankings acquired in previous matches will be maintained.

In case of evident disparity in strength and technique between two athletes, such as to be able to jeopardize the safety of the match and the physical safety of a competitor, the sign of abandonment can be shown with the throwing of the sponge (towel). or with a show of hand.

A competitor who, before a match, does not show up when his name has been repeated at least 3 times during the roll call is considered abandoned and will not be able to fight.

A competitor who abandons the competition, without justified reason, will be deprived of the result achieved in previous matches.

Judges and Jury

The referee panel of a DB match is made up of a head judge, in charge of taking minutes, a timekeeper, a central judge on the platform and a line judge.

Chief-Judge: has the task of managing the entire course of the matches by controlling the work of the line and central referees as best as possible, trying to interchange them as much as possible, knowing their abilities and levels.

Chief-Judge is responsible for the work of the central referee and if he notices any anomaly or error he can correct it during the competition, interrupting it or trying to call for the right correction.

Central Judge: has the task of carrying out his duty with honesty and impartiality. Observe the Competition Rules and Regulations precisely; verify the protections of the competitors and ensure the safety of the competition; verify shots through calls and gestures.

Side Judge: has the task of reporting to the central referee any exits of the athlete and/or both and any shots not seen by the central referee in the event of dynamics with reduced visibility for the central referee.

Jurors: they have the task of carefully compiling, before the fight, the statistical reports of each pair of competitors; Take part in the weigh-in operations and record the weight of the competitors on the statistical form; Record how many times each competitor receives warnings, warnings and receives score corrections in relation to the warnings and gestures of the platform judge; Record the results of the judgments made and give them to the Chief Judge after the winner has been named.

Timekeeper: has the task of verifying whether the gongs (or whistles) are able to function and have a different and distinguishable tone from one platform to another. Check whether the clock and chronometers keep time correctly; Be responsible for timing the competition, suspending the fight and pausing; Ring the gong to announce the end of the match. In the case of electronic visual equipment (TV), check its correct functioning before the start of the competition.

Scoring

Awarding of 2 points: A competitor is awarded 2 points:

- 1) If it hits the opponent in the head

Awarding of 1 point: A competitor is awarded 1 point:

- 1) For each blow delivered to the body
- 2) For each exit of the opponent

No points: both parties do not score:

- 1) The technique is not clear and evident;
- 2) Both competitors hit the target at the same time;

Permitted strikes: Duan Bing's own attack and defense techniques can be used

Valid Parts: All parts of the body

Invalid Parts: *hit the opponent's weapon. Hitting the genitals, Hitting the back of the head*

Score Types:

For all categories the "STOP POINT" formula will be used

In case of loss of the weapon the athlete will have to continue trying to recover it without being hit. If he suffers a hit, a score will be awarded and he will then be able to start again by recovering the weapon.

Penalties

Cautions:

1. Attack the opponent before the "Start/Go" signal or after the "Stop/Ting" signal;
2. Hitting the opponent on prohibited parts;
3. Hitting the opponent using prohibited strikes.

Warnings:

1. A warning will be given for a technical foul;
2. A competitor will be called for a personal foul;
3. A competitor who has received 3 warnings (6 points) will be disqualified from the match;
4. A competitor who intentionally harms his opponent is disqualified from the entire competition and his result is cancelled;
5. A competitor who tests positive for doping, or who inhales oxygen during the rest break, is disqualified from the entire competition and his result is cancelled;

Winner

Absolute Victory: in the case of an obvious disparity in strength between the two competitors, the platform judge, with the approval of the Chief Judge, may declare the stronger competitor the winner of the match;

If, at **EXTRA TIME**, both competitors achieve the same score, the winner is decided based on the following order:

- the one who receives the fewest warnings wins the match
- the match is won by the person with the lowest body weight (in relation to what was recorded on the day of the competition)

Warnings: Warnings that the central referee signals during a match are scored by the Chief Judges and/or Jurors at the tables. On the third warning the athlete is expelled from the entire competition and cannot stand on the podium or take part in any other match. If in a match an athlete receives one or two warnings, they will also be counted for any subsequent matches.

AWARDS :

First classified receive the Gold Medal

Second classified receive the Silver Medal

Third classified receive the Bronze Medal



**The picture is for example purposes*

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WORLD & ITALY CHINESE KUNG FU (WUSHU) ASSOCIATION ®



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